



SIGNATURE BOWLS & SALADS

substitute jasmine rice base for cauliflower rice, wild rice, or greens +2

SWEET PLANTAIN BOWL 13

jasmine rice, plantains, cumin beans, kale slaw, avocado, cilantro, romesco sauce

protein pairing: picadillo beef +7

POWER BOWL 13

wild rice blend from Lundberg Farms, farmer's greens, hummus, sweet potatoes, avocado, pickled onions, sliced almonds, avocado goddess

protein pairing: paprika chicken +6

SESAME CHICKEN BOWL 16

jasmine rice, crispy chicken with cassava flour breading, charred broccoli, sesame togarashi, green onion, ginger ponzu sauce

BURRITO BOWL 14

jasmine rice, paprika chicken, cumin beans, chimichurri mushrooms & sautéed spinach, guacamole, jalapeño lime dressing

protein subs: picadillo beef +1 · salmon +3

EVOLVED CAESAR SALAD 10

farmer's greens, sliced radish, pastured egg, avocado, gluten-free croutons, cashew "parmesan," herb ranch dressing

protein pairing: grilled chicken breast (cold) +6

CITRUS SALAD 12

farmer's greens, seasonal citrus fruit slices, diced cucumber, pickled onions, avocado, sliced almonds, lemon vinaigrette dressing

GRILLED CHICKEN SALAD 15

farmer's greens, grilled Mary's free-range chicken breast (cold), avocado, diced cucumber, pickled onions, avocado goddess dressing

GUAC & GREENS SALAD 14

farmer's greens, black bean & corn salad, red cabbage, guacamole, paprika-dusted organic corn tortilla strips, jalapeño lime dressing

protein pairing: paprika chicken +6

ADD PROTEIN

PLANT PROTEIN PATTY +5

house-made with black beans, gf oats, nuts, & seeds

GRILLED CHICKEN BREAST (COLD) +6

Mary's free range chicken breast, marinated & grilled, served cold

PAPRIKA CHICKEN +6

Mary's free range chicken thigh with paprika spice blend

PICADILLO BEEF +7

100% grass-fed beef stewed in our Immunity Broth with tomato, onion, garlic, & spices

CRISPY CHICKEN +7

cassava flour coated, sustainable palm fruit oil

GRILLED SALMON +9

sustainable Faroe Island salmon

BYO BOWL 10

build-your-own bowl with your choice of base, protein, and sides

CHOOSE A BASE (1)

jasmine rice farmer's greens
wild rice blend cauliflower rice

CHOOSE A PROTEIN (1)

plant protein patty +5 crispy chicken +7
paprika chicken +6 picadillo beef +7
grilled chicken breast (cold) +6 grilled salmon +9

add extra protein for double the price shown

CHOOSE TWO VEGGIES (2)

charred broccoli cumin beans plantains
za'atar cauliflower rainbow carrots chimichurri mushrooms
brussels sprouts sweet potatoes chickpea miso eggplant
kale slaw fingerling potatoes

add more than two veggie sides for +4 each

ADD EXTRA TOPPINGS

guacamole +3 sliced citrus +2 sesame togarashi +2
hummus +2 GF croutons +2 cashew crumble +1
pastured egg +3 sliced almonds +1 organic corn strips +2
pickled onions +1 cilantro +.50 diced cucumber +2
avocado +2 green onion +.50 bean & corn salad +2

CHOOSE A SAUCE (1)

avo goddess chipotle aioli jalapeño lime
herb ranch house ketchup lemon vinaigrette
ginger ponzu romesco no sauce

SMALL PLATES

craveable sides great for sharing!

ZA'ATAR CAULIFLOWER & HUMMUS 7

cauliflower florets tossed with za'atar spices, served over chickpea hummus, topped with cilantro and avocado goddess dressing

FRIED PLANTAINS 6

naturally sweet plantains, served with chipotle aioli

CRISPY BRUSSELS SPROUTS 9

fried in sustainable palm oil, served with chipotle aioli

CHICKEN NUGGETS 8

cassava flour breaded chicken, served with house made ketchup

KITAVA FRIES 6

classic cut fries cooked in sustainable palm fruit oil, served with house-made ketchup

SIDES

COLD SIDES

HUMMUS 4

KALE SLAW 4

DICED CUCUMBER 4

FARMERS GREENS 4

BLACK BEAN & CORN

SALAD 4

WARM SIDES

CHARRED BROCCOLI 4

ZA'ATAR CAULIFLOWER 5

CHIMICHURRI MUSHROOMS 4

SWEET POTATOES 4

CHICKPEA MISO EGGPLANT 5

ROASTED RAINBOW CARROTS 5

FINGERLING POTATOES 5

CUMIN BEANS 4

JASMINE RICE 4

WILD RICE BLEND 5

CAULIFLOWER RICE 5

see "add protein" section for protein side options

★ house favorites 🌱 vegan 🌿 vegetarian (eggs ok)

100% FREE OF GLUTEN, DAIRY, SOY,
PEANUTS, REFINED SUGAR & SEED OILS

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD,
SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

@KITAVAKITCHEN - KITAVA.COM FOR DELIVERY & NUTRITION - 2011 MISSION STREET (415) 780-1661
OPEN MON-SUN 11AM-9PM **5% SURCHARGE ADDED FOR EMPLOYEE HEALTHCARE**



DESSERTS

made with natural sweeteners

DARK CHOCOLATE BROWNIE 4.50 ✓

rich and fudgy brownie made with cassava and coconut flour, pastured eggs, and coconut sugar

CHOCOLATE CHIP COOKIE 4.50 ✓

dark chocolate chip cookie made with GF flour mix, egg, vanilla, and dark chocolate sweetened with coconut sugar (contains almonds and eggs)

SNACKS

YES BAR 3 ✓

DARK CHOCOLATE CHIP

snack bar made with almonds, maple syrup, dark chocolate, and fresh Saigon cinnamon

KETO BAR 3.25

ALMOND BUTTER BROWNIE

keto-friendly snack bar from Perfect Keto

GOOD CHOCOLATE SQUARE 2.25 ✓

HHIMALAYAN SALT · SALTED ALMONDS

SIGNATURE DARK · MINT

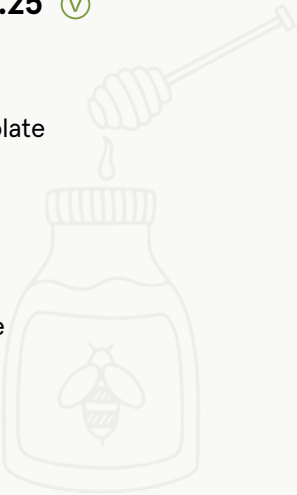
sugar-free squares from The Good Chocolate

GOOD CHOCOLATE BAR 8 ✓

HHIMALAYAN SALT · SALTED ALMONDS

SIGNATURE DARK · MINT

sugar-free bars from The Good Chocolate



SIPPING BROTH

IMMUNITY BROTH 6

pasture-raised chicken bone broth with added turmeric root and ginger root for an immunity boost

COFFEE & TEA ✓

REGULAR COFFEE 3.50

ethically sourced coffee from Andytown in San Francisco

DECAF COFFEE 3.50

ethically sourced coffee from Andytown in San Francisco

ORGANIC HOT TEA 2.75

VARIOUS FLAVORS

selection of organic tea

DRINKS

CANS & BOTTLES ✓

MARIN KOMBUCHA 5

VARIOUS FLAVORS

probiotic-rich kombucha, also available on tap

OLIPOP SPARKLING TONIC 4

STRAWBERRY VANILLA · CLASSIC ROOT BEER

ORANGE SQUEEZE

a healthy alternative to soda with prebiotics and botanicals to support your microbiome and digestive health

SPINDRIFT SPARKLING WATER 3.50

GRAPEFRUIT · LEMON

sparkling water made with real squeezed fruit. no “natural flavors” or added sugar, just real fruit!

AQUA DE PIEDRA 12OZ 3

bubbly sparkling water loaded with minerals

UNSWEETENED GREEN TEA 3

organic unsweetened green tea

ORGANIC COLD-PRESSED JUICE 7.50

BLOOD ORANGE BLISS · TROPICAL ROOTS

fresh organic cold-pressed juice from Happy Moose Juice

FEEL MO' BETTA ELIXIR SHOT 4.50

rich and intense 2oz elixir shot with ginger, turmeric, apple cider vinegar, pineapple, lemon, and black pepper from Happy Moose Juice



BEER ✓

GLUTEN-FREE BEER

VARIOUS FLAVORS IN CANS

ask for current selection of 100% gluten-free beer

WINE ✓

ROSE 9 glass | 24 bottle

PINOT BLANC 11 glass | 32 bottle

RED 13 glass | 39 bottle

low intervention naturally fermented wine from Skylark

REAL FOOD EVERYONE CAN ENJOY! 100% FREE OF GLUTEN, DAIRY, SOY, PEANUTS, REFINED SUGAR & SEED OILS

****5% SURCHARGE ADDED FOR EMPLOYEE HEALTHCARE****